

LONGEVITY

HERE TO STAY OR DYING TREND?



27. November 2025
4.00pm - 9.00pm



Square - Discovery Grid
Guisanstrasse 20
9010 St.Gallen

*Obligatory
Registration*



WHAT TO EXPECT

In an age of rapid advancements in healthcare, technology, and lifestyle, human longevity is steadily increasing – along with the complex questions it raises. The Symposium convenes leading experts from science, healthcare, policy, and industry to explore both the opportunities and the challenges of a longer, healthier life.

PROGRAM AT A GLANCE

- 4.00 PM WELCOME & INTRODUCTION**
Moritz Dalheimer, President of DocNet
- 4.10 PM LONGEVITY: ENABLERS, BARRIERS, AND THE FUTURE OF HEALTHY AGING (KEYNOTE)**
Dr. Christina Röcke, UZH Healthy Longevity Center
- 4.50 PM ADDING LIFE TO YEARS: WHY LONGEVITY IS THE BIGGEST INVESTMENT OPPORTUNITY (KEYNOTE)**
Ildikó Sirman, Operating Partner, Maximon
- 5.10 PM NETWORKING COFFEE BREAK**
- 5.40 PM INNOVATION FOR LONGER LIFE - FROM LAB TO MARKET TO THE FUTURE (PANEL)**
Natalia Trpchevska, Medical & Scientific Director, Ayun
Pascal Rode, Co-founder & COO, AVEA
Ildikó Sirman, Operating Partner, Maximon
- 6.25 PM NETWORKING BREAK**
- 6.40 PM SCALING DIGITAL HEALTH FOR PREVENTION: INCENTIVE ALIGNMENT & SUSTAINABLE FINANCING IN SWITZERLAND (KEYNOTE)**
Wasu Mekniran, PhD Candidate @ETH Zurich & Research Associate @HSG
- 7.00 PM ETHICAL REFLECTIONS: LIVING LONG VS. LIVING WELL? (PANEL)**
Dr. Marion Schafroth, President of Exit
Dr. Tobias Reichmuth, Founding Partner, Maximon
Ellen Frauenknecht, Business Moderator & Founder of The Wisdom Workout
- 8.00 PM APÉRO RICHE & GET TOGETHER**

Register Here

