

# The Mentoring Programme of the University of St.Gallen



## Our mentoring approach at HSG

The Mentoring Programme of the University of St.Gallen (HSG) supports students at the Bachelor's, Master's, and Doctoral level in their professional and personal development. A committed network of volunteer mentors accompanies our students through individualised, one-on-one exchanges along their journey.

In addition to personal mentoring conversations, the programme offers exclusive events and workshops. Our professional programme management ensures that all participants receive the best support.

Get involved and become part of our mentoring community!



Mentoring. For who you are – and who you'll become.



"I can't wait to dive into new topics and learn even more from my mentor. Every time we talk, I know I will walk away with new insights and ideas that help me grow – both personally and professionally."

*Luca Kamber, Bachelor in Business Administration*



"The discussions with my mentor gave me confidence in my study planning and at the same time motivated me to always remain open to new challenges. I also picked up valuable tips on how to plan my career with foresight without losing flexibility."

*Nicole Lehmann, Master in Business Innovation*

**Programme start:  
every autumn semester**

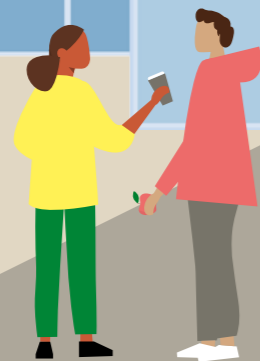
Registration for mentors:  
June – August

Application for mentees:  
September

Mentoring Programme  
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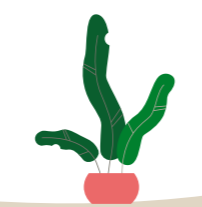
find more at:



# Get together and learn from each other



## Grow together – personally and professionally



Mentoring broadens horizons, offers guidance, and fosters personal growth. Over 1.5 years, this journey builds trust and provides lasting inspiration.

### A strong network

We bring together the knowledge and expertise of over 500 mentors.



## Matching with purpose

We connect people who truly align. Matches are made based on your individual goals, interests, and expectations—creating one-on-one relationships with impact.

## Become part of the mentoring community!

Join a broad network of students, alumni, and the university – through personal mentoring, exclusive events, and hands-on workshops.

## Mentee

#### Your profile – as a mentee

- Enrolled in a Bachelor's, Master's, or PhD programme
- Willingness to actively engage in a mentoring exchange
- Motivation for reflection, learning, and growth



## Share knowledge. Pass on experience.

Discuss current challenges, daily professional routines, and personal insights – for an exchange that benefits both sides.

## Mentor

#### Get involved – as a mentor

- At least 30 years old and a minimum of three years of professional experience
- University degree from the DACH region
- Passion for supporting talent and embracing social responsibility